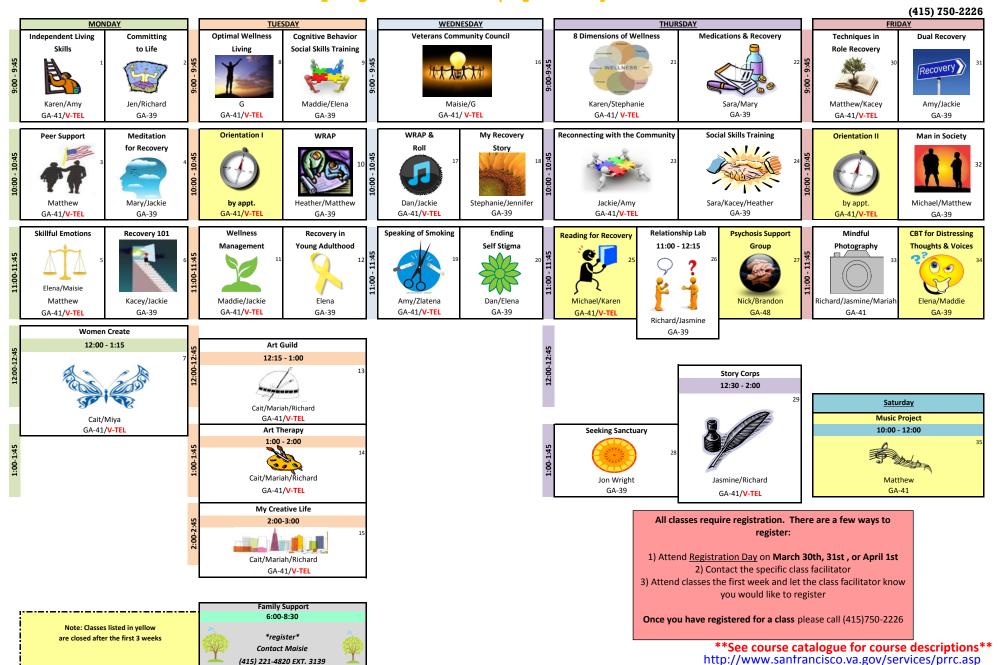
San Francisco VAMC Fort Miley Psychosocial Rehabilitation and Recovery Center

~Spring 2015 Schedule | April 6th - June 26th~



V-TEL/Community Class Schedule

~Spring 2015 Schedule ~ April 6th-June 26th~

<u>V-TEL PRRC CLASSES</u>							
MONDAY	TUESDAY	WEDNESDAY	<u>THURSDAY</u>	FRIDAY			
Independent	Optimal Wellness	Veterans	8 Dimensions	Techniques in Role Recovery			
Living Skills	Living	Community	of Wellness				
	Y	Council					
Karen/Amy	J	Maisie/G	Karen/Stephanie	Matthew/Kacey			
9:00—9:45	9:00-9:45	9:00-9:45	9:00-9:45	9:00-9:45			
Peer Support	Orientation I	WRAP & Roll		Orientation II	Man in Society		
40		1			Michael/		
Matthew	By Appt.	Dan/Jackie		By Appt.	Matthew		
10:00-10:45	10:00-10:45	10:00-10:45		10:00-10:45	10:00-10:45		
Skillful Emotions	Wellness	Speaking of Smoking	Reading for				
Elena	Management		Recovery				
Maisie/Matthew	Maddie/Jackie	Amy/Extern	Michael/Karen				
11:00-11:45	11:00-11:45	11:00-11:45	11:00-11:45				

CLASSES IN THE COMMUNITY				
<u>WEDNESDAY</u>	<u>FRIDAY</u>			
Recovering Yourself	Writer's Workshop			
Through Music,				
Art, Drama, Dance &	ILRC			
Drumming**				
150 Otis St., SF	825 Howard St. SF			
Dan	btwn 4th & 5th			
1:30-2:30 PM	1:00-2:00 PM			

Veterans TV Project BAVC**	Resilience in Motion
<u>3rd Weds.</u> <u>of the month</u> 2727 Mariposa SF Dan	(RESMO)
1:30-2:30 PM	2:00-2:45 PM

ALL VETERANS	Photography Class	
<u>WELCOMED</u>	Sixth on Seventh	
**Call		
Dan Evenhouse	Gallery	
or PRRC	105 Seventh	
to verify the	at Mission	
next class date.	2:45-4:00 PM	

Dan Evenhouse,
Director of
Community Based Services:
(650) 615-6019

Wollien Cleate	
Cait/Miya	Art Guild Cait Mariah/Richard
12:00-1:15	12:15-1:00
	Art Therapy Cait Mariah/Richard 1:00-2:00
	My Creative Life
	Cait Mariah/Richard
	2:00-3:00

Women Create

